



# Combat TKD

Monthly Korean Arts Newsletter

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## EDITORIAL

Welcome to the second issue of **Combat-TKD**. This month we have four main features.

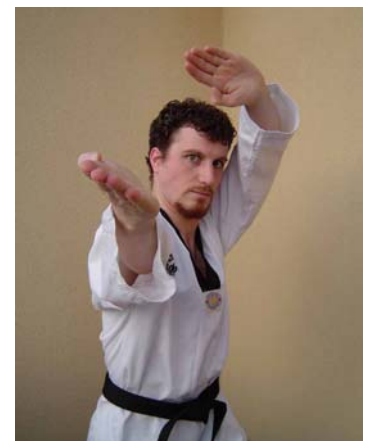
Where did the founding masters of Taekwondo obtain their knowledge and skill? Did they include hidden grappling and vital point techniques into the now-familiar patterns? Part 2 of the *Discovering Patterns* series looks into the influence these masters' early training had on the art they later encoded in the *pumses* and *hyungs*.

Our *dojang* training provides us with a wide range of physical techniques to help protect us in the event of being attacked. However, the reality of violence in the street dictates that we should be just as concerned with tactical and psychological questions. This month's self-protection article, *Ten Differences Between You & Your Attacker*, explains why.

This issue includes two technique features. The first, *Taekwondo's Forgotten Punch*, looks at the advantages and applications of the straight vertical fist punch. The second rounds off our study of some grab releases to be found in the Chon-Ji *hyung*.

Enjoy the Newsletter, and remember always to act judiciously whenever physical conflict is a possibility; you never know where it might lead.

*The Editor*



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Arcadia  
Publications  
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Vol. 1 N° 2